

Instructions for Leaving Stitcher Radio Review for Live Fit Podcast

The screenshot shows a web browser window with the URL [www.: LiveFitLean.com/stitcher](http://www.LiveFitLean.com/stitcher). The page features the Stitcher logo and navigation links: GET THE APP, LEARN MORE, TOP SHOWS, TOP EPISODES, and LISTEN. The main content area displays the Live Fit Podcast details, including a cover image with the text "LF Live Fit The Live Fit Podcast WITH GLENN JOHNSON". The average rating is shown as five stars and 5.0 (7), with the word "Reviews" circled in yellow. A yellow arrow points to the "Reviews" link with the text "Click 'Reviews'". Another yellow arrow points to the address bar with the text "Enter This URL Here". The page also includes a "Most Recent Episode:" section with a video player and a "Connect with this Show" section with social media links: "Follow This Show", "Go to This Page", and "Visit Their Website".

Live Fit Podcast | Health Coaching: Nutrition, Fitness, Weight Management
Category: Lifestyle & Health

Average Rating ★★★★★ 5.0 (7) [Reviews](#) Appears in **50** Playlists

The Live Fit Podcast takes a whole-person approach to improving your health with diverse interviews, insight, research and experience. Exercise physiologist, college instructor, personal trainer and health coach, Glenn Johnson has more than 15 years experience as a fitness professional. Glenn will give you the bottom line on ways to stay fit, lean, healthy and vital. Live life to its fullest. The Live Fit Podcast will show you that living healthy and... [more](#)

Most Recent Episode:

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Show Ratings and Reviews

[Write a review](#)

1-7 of 7 Reviews Sort ▾ ☰

★★★★★ k9Patti - 3 months ago

Dr. Sears interview

This interview with Dr. Sears was so fascinating and inspiring! I found it well organized, the questions by Glenn were insightful and logical, and the information (and Glenn's and Dr. Sears' enthusiasm and credentials) were life changing. Everyone should listen to this!

★★★★★ MaryW - 4 months ago

Informative and enjoyable!

I really like the different topics Glenn touches on. I am interested in all things health and I am loving all of his guests thus far. I like how he doesn't just talk about one area of fitness or focus or one ideology of health. It's great!

★★★★★ k9Patti - 4 months ago

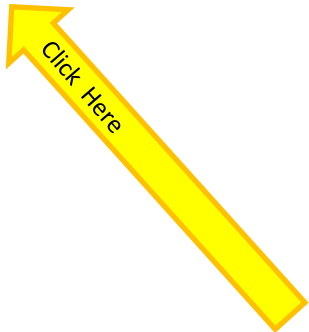
Great insight!

I like how Glenn thinks, and he has some great ideas for improving health. His philosophies are down-to-earth and practical, but also inventive and clever. This podcast was well worth listening to.

★★★★★ TheOfficePeople - 19 days ago

Great show wonderful insight

This is such a great show if you haven't listened to it yet your missing out. Myself and my coworkers listen to it at work it's so inspiring. Thank you Glenn!!



Thank You

The image shows a screenshot of a web browser displaying the Stitcher website. A yellow circle highlights a 'My Review' form. The form is titled 'My Review' and includes the following fields:

- Overall Rating ***: A five-star rating system with the text 'Click to rate!' and a checkmark icon.
- Review Title ***: A text input field with the placeholder text 'Example: Great Show!'.
- Review**: A larger text input field with the placeholder text 'Example: This show always has fascinating content and entertaining guests. I learn something new every time!'.
- Nickname ***: A text input field with the placeholder text 'Example: jackie27'.
- Email * (This will not be displayed) ***: A text input field with the placeholder text 'Example: youremail@example.com'.

At the bottom of the form is a 'Post Review' button. The background of the browser shows the Stitcher website interface, including the logo, navigation links, and a podcast player for 'The Live Fit Podcast' by Quincy Johnson.